

Awareness and Attitude Towards Safe Abortion Practices Among Medical Interns of a Tertiary Care Centre in Western Nepal

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Supplementary Table S1: Awareness of intern doctors on safe abortion service

Questions	Category	n (%)
Have you heard about the legalization of abortion in Nepal?	Yes	86 (94.5)
	No	5 (5.5)
In which year was abortion legalized in Nepal?	Correct (2002)	58 (63.7)
	Incorrect/ Don't know	33 (36.3)
Up to what gestational age can abortion be performed on request according to the Law of Nepal	Correct (12 weeks)	86 (94.5)
	Incorrect	5 (5.5)
Under what conditions is abortion legally permitted beyond the first trimester?	If pregnancy endangers mother's life	83 (91.2)
	If foetus has congenital anomaly	77 (84.6)
	If pregnancy results from rape or incest	84 (92.3)
	If due to economic reasons	10 (11)
	Don't know	0
Who can provide safe abortion service in Nepal?	Trained and certified medical practitioner (correct)	89 (97.8)
	Incorrect	2 (2.2)
Where can legal abortion services be provided in Nepal?	Approved health institutions by the government (correct)	86 (94.5)
	Incorrect	5 (5.5)
Which of the following are recognized methods of safe abortion in Nepal?	Medical abortion (Mifepristone + Misoprostol)	87 (95.6)
	Manual Vacuum Aspiration (MVA)	79 (86.8)
	Dilation and Curettage (D&C)	49 (53.8)
	Herbal/Traditional remedies	1 (1.1)
What are the common complications of unsafe abortion?	Sepsis	87 (95.6)
	Haemorrhage	86 (94.5)
	Infertility	55 (60.4)
	Uterine perforation	71 (78)
	Death	65 (71.4)
Are safe abortion services available at your hospital?	Yes	85 (94.3)
	No/Don't know	6 (6.6)
Do you need consent from parents for performing safe abortion in minority patients (Age < 18 years)?	Yes	88 (96.7)
	No	3 (3.3)
Have you received any formal teaching/training on safe abortion services during your medical education?	Yes	38 (41.8)
	No	53 (58.2)
Have you ever been involved in or observed a safe abortion procedure during your internship?	Yes	46 (50.5)
	No	45 (49.5)
Main source of information about safe abortion	Medical curriculum	80 (87.9)
	Clinical posting	72 (79.1)
	Internet/social media	54 (59.3)
	Workshops/seminars	23 (25.3)
	Friends/colleagues	18 (19.8)
Do you think current medical education adequately prepares interns for safe abortion counselling and care?	Yes	29 (31.9)
	No	62 (68.1)
Did your MBBS curriculum adequately cover abortion law and procedure in Nepal?	Yes	43 (47.2)
	No/ Not sure	48 (52.3)

Supplementary Table S2: Attitude of Interns of intern doctors on Safe Abortion Services

Statements	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Abortion should be allowed as a woman's right to choose	2 (2.2%)	0	12 (13.2%)	18 (19.8%)	59 (64.8%)
Legalization of abortion helps reduce maternal deaths	1 (1.1%)	1 (1.1%)	13 (14.3%)	30 (33%)	46 (50.5%)
Providing safe abortion services should be part of comprehensive reproductive health	3 (3.3%)	0	7 (7.7%)	17 (18.7%)	64 (70.3%)
Medical interns should receive proper training on safe abortion techniques and counselling	3 (3.3%)	0	7 (7.7%)	11 (12.1%)	70 (76.9%)
Abortion should only be allowed under medical or social indications	4 (4.4%)	5 (5.5%)	22 (24.2%)	29 (31.9%)	31 (34.1%)
Performing abortion is against my personal or religious beliefs	55 (60.4%)	9 (9.9%)	11 (12.1%)	5 (5.5%)	11 (12.1%)
I feel comfortable discussing abortion with patients	5 (5.5%)	5 (5.5%)	17 (18.7%)	25 (27.5%)	39 (42.9%)
Stigma around abortion prevents women from seeking safe services	3 (3.3%)	1 (1.1%)	15 (16.5%)	22 (24.2%)	50 (54.9%)
Unsafe abortion remains a serious public health issue in Nepal	4 (4.4%)	1 (1.1%)	8 (8.8%)	30 (33%)	48 (52.7%)
I am willing to provide safe abortion services in the future if trained	3 (3.3%)	0	5 (5.5%)	12 (13.2%)	71 (78%)